

From: [Karen Cajka](#)
To: [E-OHPSCA2713.EBSA](#)
Subject: Thank you for supporting birth control access for all women
Date: Wednesday, August 03, 2011 1:15:31 PM

Dear Kathleen Sebelius, Secretary of Health & Human Services,

I am writing to commend the Department of Health & Human Services' landmark decision requiring health insurers to attend to a variety of women's health needs, particularly the mandate to cover the full cost of contraception, without a required co-pay.

For too long women's health issues have been undervalued or ignored, to the detriment not just of the affected women but to their children, partners, colleagues--to society as a whole. Making contraception available to all women regardless of their financial means is a significant step toward improving women's health and concomitantly reducing the health care costs of unplanned pregnancies. My additional hope is that these policy changes will result in prescriptions for contraception becoming more easily attainable, particularly to women who live in areas (like my home state of Tennessee) where geographic and social factors too often prevent women from seeking the health care they need.

Sincerely,

Karen Cajka

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